



STAT Active Adventures in Puglia

April 25 – May 1, 2019

This is a beautiful discovery itinerary through the region of Puglia, Italy, which lies in the heel of the boot, along the sun-drenched Adriatic Sea. Puglia offers access to the freshest seafood, crowd-free open spaces, irresistible desserts and pastries, distinct wines, and the 50 million olive trees that make this region the world's leading producer of olive oil. Come to Puglia and hear the voices of the past call out over the *trulli* houses...we promise, once you discover it, Puglia will leave a lasting impression.

Where We're Staying



Corte San Pietro

At Corte San Pietro, historical and seductive spaces have been harmoniously combined with comfort and a refined and elegant design. The rooms are characterized by earth tones ranging from beige stone to brown wood and iron cortèn. Earth. Rustic style and shabby-chic elements, take on a light and modern air. From the entrance on Via B. Buozzi, as if entering into a private residence, you will be welcomed at the finely furnished yet cozy reception area, from which you may access the private internal courtyard illuminated by candle-light. The entire hotel develops horizontally around slightly gradated courtyards onto which the rooms, the reception area and the breakfast room open, while other rooms open onto Via San Pietro Caveoso, giving guests the unique experience of "living" the ancient Sassi neighborhoods

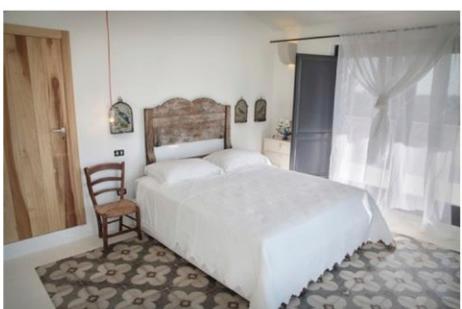
Masseria Montenapoleone

A beautifully restored farmhouse in the very heart of Puglia, Masseria Montenapoleone stands out from other lodgings due to the owners' dedication to nature, harmonious architecture, décor and organic produce. The estate produces many indigenous crops and all guests are invited to walk through the grounds and enjoy all the fruits, flowers and vegetables grown and celebrated at the Masseria. Naturally breakfast each morning is brimming with homemade produce from the estate, from delicious preserves to freshly baked cakes. The rooms are individually decorated and feature wooden beams, original antique floors and country-style furnishings.



Masseria Prosperi

This beautiful hotel is more like a private guest house than a formal hotel. With just six rooms, all furnished in a cool, minimalist décor, you can feel the owner's passion and personality throughout the lodging. Relax in the tranquil grounds and the outdoor pool, or take a dip in the indoor pool with its jacuzzi. The communal areas are perfect for family-style dining and a relaxed atmosphere, but your staff are always on hand for discreet and professional service. There is a dedication to nature and organic produce, and you can stroll around the estate and visit the animals on the owner's neighboring farm. Located just 7 miles from the Byzantine city of Otranto, the masseria provides a great base for exploring the area, from the beaches of both coasts, to Baroque Lecce and Gallipoli.





Thursday Apr 25: Welcome to Basilicata

Following your arrival in Bari, you will be shuttled to Matera by our driver. We will start the week in style with a fabulous welcome drink, served on a panoramic terrace overlooking the Sassi district of Matera. For dinner we will take a short walk through the characteristic old streets to one of the famous Sassi cave dwellings – used in the past as a church – the gorgeous space will provide the unforgettable backdrop for your first fantastic dinner.

Lodging: Corte San Pietro



Saturday Apr 27: Monumental Olive Trees

Today we will explore the region on two wheels! This route covers the mainly flat terrain on the Adriatic coast and gorgeous biking through some of the world's most ancient olive groves. A fully-equipped support vehicle will be discreetly on hand at all time if anyone needs assistance or simply a rest. After around 12km/8 miles we'll stop at a local producer for a visit and tasting of their olive oil, known as Puglia's green gold. Then it's back on the bike for a lovely ride through the country lanes to the coast. Here we will enjoy a yoga session on the beach before indulging in a rustic seafood lunch. This afternoon we are in for a real treat! We will have a private aromatherapy session followed by spa time (massages and treatments can be booked as well for an additional supp.) and an elegant dinner.

Lodging: Masseria Montenapoleone



Friday Apr 26: Gorges of Matera

Start the day with a lovely trek through the gorges near the city. This wild and stunning landscape around Matera is distinctly different from the terrain in Puglia and our guide will bring the area to life as you explore ravines and old cave dwellings. At the end of the hike, we'll enjoy a light lunch before venturing to an award winning winery in Gioia del Colle for a tour of the vineyard, the enormous cellars and the distillery. A wine tasting follows accompanied by typical snacks. Our journey today ends at the countryside farmhouse Masseria Montenapoleone, our accommodation for the next two nights. This evening the masseria's owner will take us on a walk through the property's gardens and to the masseria's kitchen where we'll learn how to make orecchiette and focaccia before sitting down together to enjoy a beautiful dinner.

Lodging: Masseria Montenapoleone



Sunday Apr 28: Baroque Lecce

Known as the 'Florence of the South', Lecce city hosts amazing Baroque masterpieces and treasures of Italy. Our guide will take you on a fascinating and detailed walking tour of this city rich in history, architecture and culture. From the Roman amphitheater to the noble palazzi the city is just brimming with imposing sites. The final stop will be in a hidden courtyard where we will enjoy a light lunch. This afternoon check-in to your final accommodation, Masseria Prosperi. We will enjoy a sunset yoga session followed by dinner.

Lodging: Masseria Prosperi



>>> **Monday Apr 29**

Hiking & Biking Otranto

This morning we are back on the bikes for a coastal ride to the gem of the Salento province – Otranto! Take a stroll through the beautiful historical center and enjoy a light lunch in a secret garden. We will then depart from the city for a hike continuing to follow the coast south and taking in vistas of dramatic seaside cliffs dotted with watchtowers. After a gorgeous day, we will shuttle you back to Masseria Propseri to get freshened up before heading out to dinner at a restaurant serving elevated takes on classic Pugliese dishes.

Lodging: Masseria Propseri



>>> **Tuesday Apr 30**

Porto Selvaggio

Today you will have a chance to explore the other coast. We are headed to the Ionian Coast for a walk through the beautiful nature reserve of Porto Selvaggio. During the hike, we will stop for yoga in a panoramic setting and then end the morning's adventure with a tasting of local products. A visit to a local winery and the seaside town of Gallipoli will round out the day. This evening we will enjoy a farewell dinner at Masseria Propseri complete with music and dancing to celebrate the unforgettable week we have shared together.

Lodging: Masseria Propseri



>>> **Wednesday May 1**

Departure

We'll wake up in peace until we head out to catch our flights home, filled with memories of an unforgettable trip with friendships that will last a lifetime.



Investment: \$6,399
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