



12 Days of exploring Bolivia and the Andes Mountains - trekking to villages up and down the Moon Valley, swimming in mountain lakes, and of course, the Uyuni Salt Flats. We'll taste delicious local cuisines, . We will begin our journey in La Paz and go to majestic natural sites like the famous Uyuni Salt Flats.

Day 1: We'll be above the clouds in Bolivia! We arrive in La Paz and since the altitude in Bolivia can get very high, we'll begin our time together acclimating at Lake Titicaca, soaking up the sun, and taking in the sites. We'll settle in and get ready for the adventures ahead.

A day of wellness to ease in - La Paz and the Moon Valley, a hotel spa, and light hiking through a clay labyrinth. This is our first day in Bolivia, so we'll take it easy.



Day 2: City tour of La Paz - we'll focus on the delicious cuisine, local markets, the "universe of plants," art galleries, and finish our day at one of the best restaurants in South America. This is the day to get a sense of the city, the people, and the local fashion.



MAY IN BOLIVIA

May, 2021

Day 3: We head out from La Paz to Chuquiñapi, a secret village on the shores of Lake Titicaca. We'll explore the small island of Sunata and have a quiet dinner at the enchanting Jose Ferrari Monastery.

Day 4: Sailing on Lake Titicaca! We'll head down to the lake and find our catamaran for a morning on the water. In the afternoon, we'll have a private yoga class, get some time to relax, and enjoy each other's company for the rest of the day.

Day 5: We'll ascend to 16,000 feet above sea level as we journey to Laguna Ajwani. Today's hike will be more challenging - four hours of hiking at high elevation, exploring valleys and glaciers, and seeing the condors!



Day 6: Our most challenging day of the trip - two nights at an ecolodge in the mountains northeast of La Paz! We climb up to the magical Congelada Lake, head through the Austria Pass at 16,800 feet, and then up to the peak at 17,486 feet above sea level! Stargazing will be magical at night.

Day 7: We awake in the village of Tuni and set out in trucks to reach Campo canal at the foot of Huayna Potosi, where we will climb to a glacier!



Day 8: Today is our “day with the community” of Tuni. We’ll start with a traditional breakfast of Buñuelos (Andean donuts) and api (purple corn drink) and more. Our day is dedicated to spending time with the locals – harvesting food, tending llamas, and preparing a “huatia” (meal cooked in underground oven). At night we’ll listen to folk music of the Chuñawi.

Day 9: Yoga day! Today is a nice recovery day after some high-altitude trekking. We’ll spend the day with a local yoga expert before heading back to La Paz in the late afternoon.



Day 10: Uyuni Salt Flats and some secret trails – we’ll explore the world-famous salt flats, take some fun pictures, have a delicious picnic, and then hike to Incahuasi Island with its magical cacti. Sunset on the salt flat and stay in a luxury dome at Kachi Lodge.

Day 11: A day of light hiking and ancient history. After a relaxing night on the salt flats, we’ll depart for the neighboring village of Coquesa, at the foot of a volcano. While we’re there, we will pre-Columbian mummies and hike to one of the best lookout points in the area. After that, we’ll cross the Salt Flats again and catch a short flight back to La Paz.



Day 12: After an amazing journey together, we say our goodbyes and head home.

Investment: \$7,900